# Hot Drinks

M'LK CHOICE: Oat / Almond / Coconut / Soya	
SYRUP: Vanilla / caramel	.50
ADD A CBD SHOT- HEMP EXTRACT 2MG	1.50
ESPRESSO STATE OF THE PROPERTY	2.00
AMERICANO / ICED AMERICANO	2.80
LATTE / ICED LATTE	3.50
CAPPUCCINO / ICED CAPPUCCINO	3.50
FLAT WHITE	3.40
MOCHA	4.00
PUMPKIN SPICE LATTE (no coffee)	3.80
VIETNAMESE ICED COFFEE	4.25

Double espresso, almond m'lk, cardamon & dates

# Elevate your coffee

#### FOUR SIGMATIC SUPERFOOD COFFEE

An amazing way to add nutrient fuelled superfoods into your diet. Mushrooms are powerful immune supporting foods that balance out the caffeine in the coffee so you get all the benefits but none of the jitters. Choose either THINK or BALANCE.

Cafetiere SMALL / LARGE

4.00/6.95

# THINK

# **ORGANIC COFFEE, CHAGA & LIONS MAIN MUSHROOMS**

A dark, smooth balanced brew for your brain & body, hours of crash free focus for the day ahead. Drink whenever your brain needs an energising get-it-together hug.

# BALANCE (HALF CAFFEINE)

# ADAPTAGEN COFFEE - ASHWAGANDA, TULSI & CHAGA

A blend of Ayurveda herbs including ginseng to support stamina, endurance, and overall wellbeing. Tulsi -Known to uplift mood, support digestion & promote balanced energy & eleuthero. Relax & enjoy

# Hot Chocolate

## **VIBES REVITALISE**

ORGANIC CACAO & MACA HOUSE BLEND

3.95

Feel good natural energy for the body & mind

ADD SUPERFOOD MUSHROOMS TO YOUR HOT CHOCOLATE

1.00

# Superfood Lattes

MADE WITH HOT OAT MYLK / OR ICED

3.80

## **GUARANA & CACAO**

Feel revitalised, guarana is known for its energising properties, can reduce fatigue & improve focus. Cacao has high levels of Manganese, zinc & copper supporting your blood, brain & nerves.

#### AFRICAN ROOIBOS

Soothing & stress relieving, detoxifying & very rich in antioxidants, offers a variety of health benefits.

#### **BLUE BUTTERFLY PEA**

Rich in antioxidants, relieves stress & stimulates the brain. The perfect companion for a busy day

#### BEETROOT & CACAO

Full of vitamins & minerals with many health benefits especially for the heart. Cacao helps boost your mood, balance hormones & boost production of good cholesterol.

#### TURMERIC & WARMING SPICES

Rich in antioxidants that help counteract the damaging effects of free radicals on cells and tissues in your body, anti-inflammatory and improves fat burning and digestion.

#### **GREEN MATCHA**

Rich in antioxidants & vitamins. Strengthens your immune system. Good for metabolism, brain power and reducing the risk of developing cancer.

#### LIQUORICE

Many health benefits, great for respiratory issues, relieving sore throats & cold symptoms due to its antibacterial properties. Warming—hug in a mug

### ACTIVATED CHARCOAL

Charcoal effectively liberates the body of toxins and absorbs unwanted chemicals, which reduces allergies and diseases. Great anti ageing effect on the body.

Indian Masala Chai

# **MUMBAIRAILWAY LATTE**

3.80

Blend of black tea, cardamom, ginger, clove, star anise, cinnamon & raw cane sugar **DIRTY CHAI - ADD A DOUBLE ESPRESSO!**