

Soft Drinks

Freshly Squeezed

LIQUID GOLD 7.00
Freshly squeezed oranges, apples, carrots, ginger & turmeric. Sunshine in a glass bursting with flavour, vitamins & natural wellness goodness.

FOLKINGTONS PURE FRUIT JUICES 4.25
ORANGE / TOMATO / APPLE / CRANBERRY / MANGO
PINEAPPLE / STILL RASPBERRY LEMONADE /
SUMMER BERRY

FOLKINGTONS SPARKLING PRESSE 4.25
SPARKLING APPLE & RHUBARB
SPARKLING LEMON & MINT
SPARKLING ELDERFLOWER

GINGER BEER 3.50

VIRGIN / BLOODY MARY (with vodka) 6.00 / 9.50
Tomato juice, celery, tabasco, Worcester sauce

FEVERTREE 3.50
Tonic / Light Tonic / Soda / Ginger ale

CHARITEA organic, still, iced tea blends 4.30
GREEN TEA, GINGER, LEMON, AGAVE & HONEY*
RED ROOIBOS, PASSIONFRUIT, ELDERBERRY & AGAVE

Kombucha & Kefir

BELLY DANCE WATER KEFIR SODA 100% natural
Low sugar, bubbles with gut loving probiotics
CHERRY BERRY 4.25
FIERY GINGER

HIP HOP
Full of natural antioxidants & fermented with living kombucha cultures -billions of live Gut beneficial Bacteria creating a delicious sparkling drink
CHERRY & BLACKBERRY & 20MG CBD 4.50
BLUEBERRY & GINGER 4.25
GINGER & YUZU 4.25
APPLE & ELDERFLOWER 4.25

COUNTER CULTURE 4.50
Low calory, bursting with taste, no nasties
RASPBERRY & ELDERFLOWER
MANGO, LIME & GINGER
RHUBARB & HIBISCUS

Delicious, refreshing
& Great for your
gut health!

TRIP (15MG CBD INFUSED) 4.50
Refreshing hemp infused, lightly sparkling fruit drink
LEMON & BASIL
PEACH & GINGER
MINT & ELDERFLOWER

TRIP (MINDFUL BLENDS) 4.50
Infused with magnesium, lions mane & adaptogens
BLOOD ORANGE & ROSEMARY AND LEMON BALM & CHAMOMILE
CUCUMBER & MINT AND L-THEANINE & ASHWAGANDHA

GOODRAYS (30MG CBD) 4.25
GRAPEFRUIT & BLOOD ORANGE
PASSIONFRUIT & POMELO

GOODRAYS (NATURAL ENERGY)
High in vit D, Magnesium, Lion's Mane & essential electrolytes. Low calory with no added sugar
WILD MIXED BERRY 4.50
KIWI & LIME

PUNCHY
Sparkling, natural, low calory with added vit D & C
CUCUMBER WITH YUZU & ROSEMARY 4.25
MEXICAN LIME HYDRATION WITH ELECTROLYTES 4.50
MANGO HYDRATION WITH ELECTROLYTES 4.50
BLUEBERRY HYDRATION WITH ELECTROLYTES 4.50

KARMA 4.25
Using all natural, organic, fairtrade ingredients
COLA / COLA SUGAR FREE
LEMONY LEMONADE
CHERRY SODA
ORANGEADE
RAZZA RASPBERRY LEMONADE
TROPIKOOL MANGO & PASSIONFRUIT

PERFECTed 4.25
Sparkling healthy energy drinks with fruit, green tea caffiene, ceremonial grade matcha & B vitamins
PINEAPPLE & YUZU
JUICY PEACH

Harrogate Mineral Water

GLASS STILL / SPARKLING MINERAL WATER 3.00
BOTTLE HARROGATE MINERAL WATER 5.00
Served with ice & citrus garnish

VITA COCONUT WATER 3.95