

Hot Drinks

DOUBLE ESPRESSO	2.50
AMERICANO / ICED AMERICANO	3.50
LATTE / CAPPUCINO / FLAT WHITE	4.25
MOCHA (<i>revitalised hot chocolate & d.espresso</i>)	5.50
VIETNAMESE ICED COFFEE	5.50
Double espresso, almond milk, cardamon & dates	
ADD A SUPERFOOD SHOT TO YOUR HOT DRINK:	2.00
CBD SHOT- Hemp extract 2mg	

Superfood Mushroom Coffee

LONDON NOOTROPIC COFFEE

CAPPUCINO / LATTE / FLAT WHITE / AMERICANO 4.95

FLOW - Mental clarity, concentration & brain fog

Rhodiola Rosea & 250mg Lions Mane extract

ZEN - Feel alert, calm, balanced & release tension

Ashwagandha root extract & L-theanine

MOJO - Endurance, stamina, vitality & immune boost

Siberian Ginseng Extract & Cordyceps Sinensis Mushroom

FOUR SIGMATIC

SERVED IN A CAFETIERE SMALL / LARGE :- 4.95/8.50

THINK (DARK ROAST)

ORGANIC COFFEE, CHAGA & LIONS MAIN MUSHROOMS

Improve cognitive function, brain health & memory

BALANCE (1/2 CAFFEINE)

COFFEE, CHAGA, ASHWAGANDHA, TULSI & ELEUTHERO

Reduce stress, boost positive mood & energy

Hot Chocolate

REVITALISE - HOUSE BLEND 5.00

Organic Raw Cacao, maca & coconut blossom sugar

MANX LAVENDER HOT CHOCOLATE 5.50

Manx Lavender essential oil, vanilla & cocoa

CHILLI SPICED CHOCOLATE 5.50

Delicious hot Chocolate with a little kick made with Raw cacao, Ceylon cinnamon & cayenne pepper

LIQUORICE HOT CHOCOLATE 5.95

Organic Raw Cacao, liquorice, maca & coconut sugar

BLENSMITHS WHITE CHOCOLATE 5.95

Peruvian cocoa butter, Madagascan vanilla & Himalayan salt

SUPERFOOD MUSHROOM HOT CHOCOLATE 6.50

Cacao, Maca, Lion's Mane, Shiitake, Maitake & Reishi

HAPPY HOT CHOCOLATE (HOUSE BLEND) 7.50

Organic Cacao, maca, peppermint oil, matcha & CBD

Superfood Lattes

MADE WITH HOT OAT MYLK / OR ICED 4.95

GUARANA & CACAO

Feel revitalised, energised, reduce fatigue & improve focus. Cacao has high levels of Manganese, zinc & copper supporting your blood, brain & nerves.

AFRICAN ROOIBOS

Soothing & stress relieving, detoxifying & very rich in antioxidants, offers a variety of health benefits.

BEETROOT & CACAO

Full of vitamins & minerals with health benefits for the heart & blood. Cacao boosts mood, balances hormones & boost production of good cholesterol.

TURMERIC & WARMING SPICES

Rich in antioxidants that help counteract the damaging effects of free radicals on cells in your body, anti-inflammatory, fat burning and aids digestion.

GREEN MATCHA

Rich in antioxidants & vitamins. Strengthens your immune system. Good for metabolism, brain power and reducing the risk of developing cancer.

LIQUORICE

Many health benefits, great for respiratory issues, relieving sore throats & cold symptoms due to its antibacterial properties.

ACTIVATED CHARCOAL

Charcoal effectively liberates the body of toxins and absorbs unwanted chemicals, which reduces allergies and diseases. Great anti ageing effect on the body.

PUMPKIN SPICE

Warming spice mix of cinnamon, ginger, nutmeg and cloves *may reduce cholesterol and aid in gut health.*

PURPLE YAM & GINGER

Powerful antioxidants may help reduce your blood pressure and blood sugar levels. Vit c & potassium

BLUE SPIRULINA

Rich in antioxidants, relieves stress & stimulates the brain. The perfect companion for a busy day

Chai Latte

MUMBAI RAILWAY CHAI 4.95

Sweet blend of black tea, cardamom, ginger, clove, star anise, cinnamon & raw cane sugar

BLENSMITH'S MASALA CHAI (CAFFEINE FREE)

Beautiful blend with out the black tea . Cinnamon, Ginger, Star Anise, Cardamom, Black Pepper, Clove & Coconut Sugar

PINK CHAI

Sweet blend of beetroot, cardamom, ginger, clove, star anise, cinnamon & raw cane sugar